

## A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a “sinking” feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

## A selection of the finest teas

### Traditional English Breakfast

A robust and malty black tea, which is a delicious combination of Assam and Ceylon teas

### Earl Grey

High quality Chinese black tea and oil of bergamot. Beautifully scented with bold citrus flavours

### Afternoon Tea

Black tea with a particularly lovely taste with malty undertones. Blended with leaves from Darjeeling and Ceylon

### Lung Ching

Also known as “Dragonwell”, this is one of the most famous Chinese green teas worldwide. Medium body tea combining classic green tea qualities

### White Jasmine and Apricot

Refreshing combination of white and green tea with succulent apricots

### Rooibos Orange and Cactus Fig

A delicious blend packed with papaya, liquorice and orange

### Whole leaf peppermint

Premium peppermint with mildly sweet undertones and a crisp, menthol freshness

### Chamomile Flowers

A golden cup with a creamy and sweet infusion

### Very Berry

A pure fruit tea consisting of a wide selection of juicy berries and dried papaya. Produces a deep red cup

### Lemon & Ginger

A delicate herbal tea with a combination of lemongrass, lemon peel and ginger

## AFTERNOON TEA MENU

WOODLANDS PARK  
HOTEL

### Traditional Afternoon Tea

Honey roasted ham and mustard  
Cucumber and creme fraiche  
Black brioche, smoked salmon, dill cream cheese  
Truffled egg mayonnaise

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Freshly baked Plain & Fruit Scones  
with Strawberry Jam and Cornish Clotted Cream

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Raspberry matcha éclair  
Milk chocolate crèmeux flower pot  
Blueberry yogurt panna cotta  
Lemon and passion fruit delice, lemon shortbread

£37.50 per person

### Children's Afternoon Tea

Mature cheddar cheese  
Honey roast ham  
Cucumber and creme fraiche  
Chutney and Hummus Dips

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Freshly baked Scone  
with Strawberry Jam and Cornish Clotted Cream

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Blueberry panna cotta  
Milk chocolate crèmeux flower pot  
Vanilla sponge "cake pop"

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Choice of orange, apple, pineapple or cranberry juice

£18 per person

### Champagne Afternoon Tea

For the height of decadence, add a chilled glass of  
Bruno Paillard Champagne (125ml) to your

Afternoon Tea

£50.50 per person

### Savoury Afternoon Tea

Ham and wholegrain mustard  
Cucumber and cream cheese  
Black brioche, smoked salmon and dill cream cheese  
Truffled egg mayonnaise

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Sussex charmer cheese scones, house chutney and  
cream cheese

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A selection of chefs savory treats of the day

£37.50 per person

### Plant-based and Gluten Free Afternoon Tea

Roasted red pepper, olive and basil  
Sun-blushed and fresh tomato with rocket  
Spiced avocado, chilli and lemon  
Cucumber and Kingfisher farm watercress

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Vanilla fruit scones with strawberry jam

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Carrot cake  
Raspberry finger

White chocolate and rhubarb cube  
Dark chocolate and caramel pebble

£37.5 per person

### Cream Tea

Freshly made fruit scones served with jam and  
Cornish clotted cream. Served with your choice of  
freshly brewed tea or coffee

£13.50 per person

*Hand*PICKED  
HOTELS

Prices and dishes correct at time of publishing. A 12.5% service charge will be added to your bill.

All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If more information about allergens is required, please ask a member of the team. Prices inclusive of VAT at current rate.

Adults need around 2000 kcal per day.